

# Peaceful Pastels

## Unit Six



# More Expressions

## Objectives:

- To recognize how different emotions affect the pose of the body.
- To experience through role play how different emotions affect body position.

## Materials:

- CHOOSE ART STUDENT BOOKLET **pages 1 - 4**
- paper bag large enough to fit comfortably over a child's head

## Advance Preparation:

- Practice acting out emotions as described in **STEP 3**.

## Method:

### STEP 1: Scripture talk

Read the scripture on **page 1** of the CHOOSE ART STUDENT BOOKLET. (Susan is dressing in rain gear because it is raining outside.) Then introduce the scripture according to the **SUGGESTIONS FOR INTRODUCING THE SCRIPTURAL THEME** on *pages 139 and 140 of this unit*.

### STEP 2: Posing with a bag on the head

Refer to the paintings of facial expressions just completed in Lesson 4 of Unit Five. We have studied a number of facial expressions. Now we will see how the rest of the body can show expression. We are going to talk about three feelings: **surprise, anger** and **sadness**. (Write those three on the board.) We all tried drawing faces that showed each of those feelings. Today we are going to act out the same feelings, but we won't look at our faces. We will look at our bodies.

Ask for a volunteer to act out one of the three emotions in front of the class. Take the student aside and offer a scenario such as walking into the bedroom and seeing an elephant sitting on the floor. Do not share the scenario with the rest of the class. Put the bag over the volunteer's head and ask him or her to show the class how the body would pose if surprised. Let the class guess from the list of three emotions written on the board which one is being acted out. Can you tell by how the body moves what emotion is being felt?

Either ask for new volunteers or use the same one and act out the other two emotions in a similar way, designing a scenario for each.

### **STEP 3: Role playing**

Ask the children to stand, and prepare them to act out a variety of emotions together. Have everyone freeze in position after each role play and point out significant details in one or two of the poses that contribute to the expression of that emotion.

Refer to the following checklist:

- **Angry:** Was your back bent, your body tense, your fist clenched or finger pointing?
- **Surprised:** Did your hands go to the mouth? Did your body tense up or lean back, perhaps even step or jump back?
- **Excited:** Was this similar to surprise? Did any of you clap your hands together or cup your hands on your cheeks? Did anyone lean forward or stretch upward?
- **Sad:** Did your whole body go limp and slouch? Did you look for something to lean on? Did you fall to your chair or sit on the floor, head in hands?

Read **pages 2, 3 and 4** of the student booklet.